

## **TRAFFORD COUNCIL**

**Report to:** Health & Wellbeing Board  
**Date:** September 2015  
**Report for:** Information  
**Report of:** CAMHS Local Transformation Plan update

### **Report Title**

Trafford CAMHS Local Transformation Plan

### **Purpose**

The report provides an overview of the progress of the CAMHS review to date and key actions going forward associated with the development of the Local Transformation Plan.

### **Recommendations**

For the Board to note the information in the report and to agree to support the future sign off of the Local Transformation Plan for Children and Young People's Mental Health and Wellbeing

Contact person for access to background papers and further information:

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## **1.0 Introduction and Background**

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- 1.1 As agreed in the NHS Trafford Clinical Commissioning Group (CCG) Five Year Plan, a review of Trafford's Child and Adolescent Mental Health Service (CAMHS) is underway. It is currently on target against its agreed milestones. The steering group has good attendance and is working to govern the actions of the review.
- 1.2 Trafford CAMHS is a well-established local service that is part of the integrated children and young people's service model. It is currently provided by Pennine Care NHS Foundation Trust. It is commissioned by Trafford CCG and to a lesser extent Trafford Council (the funding split for 2015/2016 being 63:37%).

## **2.0 CAMHS review**

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- 2.1 In March 2015, work started on reviewing our tier 2 targeted and tier 3 specialist CAMHS provision. We want to ensure that the service is able to provide a clinically safe, cost effective and efficient quality service to meet the changing mental health needs of the GP registered and/or resident population (aged under 18) in Trafford; to review workforce competency and skills; to make best use of, and prioritise, the available resource.

The key drivers for the review are as follows:

- A need to re-consider the service model and associated pathways in the light of changing mental health needs of the Trafford population of children and young people, for example, increasing incidents of self-harm, increasing eating disorder prevalence and a preference from young people for more flexible access to specialist services;
- A need to consolidate and embed the early help, prevention and early identification model of care;
- A requirement for the service to significantly improve the production of data and intelligence;
- An increased focus on co-commissioning with NHS England, which commissions tier 4 in-patient provision;
- Sustainability of Children and Young People's Improving Access to Psychological Therapies (IAPT); and
- National drive for change led by the House of Commons Health Committee supported by the NHS England and Department of Health Children and Young People's Mental Health Taskforce.

- 2.2 The work of the review was started in March 2015 and is overseen by a steering group which is chaired by Adrian Hackney, Associate Director of Transformation, Trafford CCG. There is representation on the group from PCFT, Trafford CAMHS, Public Health, the designated nurse for Safeguarding, and Commissioners from Trafford CCG and Trafford Council. This group reports to the Trafford CCG Senior Management Team.
- 2.3 The work is led by a range of task and finish groups reporting to the steering group:
- Finance group chaired by Jill Colbert, Acting Director Education, Health and Care Commissioning;
  - Service model group chaired by Dr George Kissen, Clinical advisor Children and Young People;
  - Data and Performance chaired by Helen Gollins, Consultant in Public Health;
  - Communications and Engagement chaired by Tracy Clarke, Communication and Engagement Specialist (Trafford CCG);
  - Medicines Management chaired by Leigh Lord, Locality Lead Medicines Management Pharmacist (Trafford CCG).

### **3.0 Communication and Engagement**

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- 3.1 A stakeholder event has been held to establish the effectiveness of the current CAMHS service. The event was facilitated to gain the views of professionals, providers, partners and service users utilising Trafford CAMHS on a regular basis.

Attendance at the workshop was made up of a range of partners from the following sectors and organisations:

- CCG
  - Trafford Council
  - Children and Young People from local schools
  - CAMHS staff
  - Teaching staff
  - Trafford Youth Cabinet
  - Pennine Care FT
  - Voluntary & Community Sector
  - Trafford Healthwatch
- 3.2 The findings from this event will help to shape the changes intended for CAMHS. Further engagement work is happening via an online survey. This is available for professionals to complete and the link to that is being circulated to all interested groups. Some specific work will be done with CAMHS staff,

GPs and schools. Another stakeholder event will be held in the autumn to present the findings of the review up to that point and to check potential ideas for the future model.

#### **4.0 Data and Performance**

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Public health colleagues have partially completed a rapid health needs assessment which provides an understanding of mental health prevalence for 0-18 year olds in Trafford. Service data is now required to complete this piece of work. This will ensure that any service planned going forward is based on need rather than on just those individuals that currently access the service. The group will also be responsible for considering future data collection needs for the service so that the performance of CAMHS is effectively monitored.

#### **5.0 Future in Mind**

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- 5.1 'Future in Mind: Promoting, protecting and improving our children and young people's mental health and wellbeing' (DoH, March 2015) establishes key principles about how to make it easier for children and young people to access high quality mental health care when they need it.
- 5.2 A self- assessment tool has been developed to enable organisations to assess their readiness to meet the recommendations laid out in 'Future in Mind'. The tool will show the gaps, strengths and challenges of the current service offer and when completed will be a critical element in understanding the baseline performance of the service. The tool will also help to identify what elements of Future in Mind can be implemented now and where additional funding will be required to ensure delivery. Work is continuing on the Trafford self-assessment and the final results will be reported at the next steering group meeting at the beginning of October 2015.

#### **6.0 Local Transformation Plans for Children and Young People's Mental Health and Wellbeing**

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- 6.1 NHS England is prioritising investment in areas that can demonstrate a shared vision and plan for the reshaping of services for children and young people with mental health needs. CCGs have been asked to develop 'Local Transformation Plans' that set out its intentions to do this. This work will need to be delivered at pace and the overall project plan will need to be revised to reflect the completion of the Local Transformation Plan and assurance process.
- 6.2 Local Transformation Plans should be living documents that cover the whole spectrum of mental health and wellbeing services for children and young people. Trafford will need to outline how our plan will deliver in line with the national 2020 ambition to increase capacity and capability across the whole

system. Plans will also need to reflect a clear focus on specific deliverables for which additional funding (for 15/16) has been made available (see 6.4).

6.3 Guidance has been produced to support local areas in developing plans. An assurance process has been established and all Local Transformation Plans will be assured by NHS England, led by Directors of Commissioning and Operations. In year one, the assurance process is based on the submission of:

- Local Transformation Plans together with a high level summary;
- The completed self-assessment checklist;
- Completed tracking templates which will be used to evidence and monitor progress.

6.4 Along with the guidance documentation, additional funds have been made available to CCGs for the development of evidence based Community Eating Disorder Services for children and young people. Trafford's initial allocation for 2015/16 is £126,943. **Confirmation that the Eating Disorders funding is recurrent and release of future funds will be conditional on meeting the requirements of the assurance process.** Additional future funding of £317,751 has been allocated to Trafford CCG for 2015/16 for when the Transformation Plan is assured.

6.5 The key national assurances that NHS England requires are:

- Local Transformation Plans are published and made widely available;
- Children, young people, those who care for them and all local partners have been involved in developing the Plans;
- The additional money is being spent for the purposes intended;
- Locally determined KPIs are being met.

6.6 Trafford's Local Transformation Plan will set out our intentions to facilitate the shift towards a future state whereby Children and Young People (CYP) along with their parents/carers have an improved experience of CAMHS on an on-going basis; through a shift in the model of service delivery in recognition of the need to modernise the way mental health services are delivered for CYP and those who care for them.

6.7 The time frame for the development of Local Transformation Plans is provided below:

Development of Local Transformation Plans	From August onwards and by no later than the 9 <sup>th</sup> October 2015
First window for submission for assurance at regional level	18 <sup>th</sup> September 2015
Second window for submission for	16 <sup>th</sup> October 2015

assurance at regional level	
Assurance process completed and further funding released	1 <sup>st</sup> Week in November 2015
Transformation Plans published locally	October to November 2015
Transformation Plans inform 2016/17 CCG commissioning intentions	Q3 and Q4 2015/16
Review and development of Transformation Plans embedded in mainstream planning processes across local agencies	From 2016/17 onwards

6.8 Trafford CCG will submit the Local Transformation Plan on behalf of the Health and Wellbeing Board. Sign off by Trafford Health and Wellbeing Board Chair, Director of Children’s Services, Director of Public Health, Lead Member for Children and Young People or portfolio holder for health is required for submission.

## **7.0 Summary**

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The development of the Local Transformation Plan is now a key priority to ensure that the allocated funding for Eating Disorders is recurrent. Therefore release of further funding is dependent on Trafford successfully meeting the assurance process. The required elements of work to produce the Plan, including understanding our baseline, communication and engagement with all stakeholders, including children and young people is already established and will continue at pace.

## **8.0 Recommendations**

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The Health and Wellbeing Board is asked to note the content of the report and to support the continuation of the CAMHS review. They are also asked to ensure that they are in a position to agree and sign off the content of the Local Transformation Plan for the key submission dates.